

Roblox: Safety Steps for Parents and Carers

SCREEN-SAFE ROBLOX SAFETY TOOLKIT



Why this matters

Roblox isn't just one game — it's a whole universe of **40 million player-made worlds** and more than **380 million active users**.

Once designed for kids, around **60% of players are now 13 or older**. That mix of ages, open chats and endless new content means opportunity and risk.

You don't need to be a tech expert — just informed, involved and ready to talk.

Roblox. It's creative. It's social. It's fun. But—and there's a big but—it also comes with real risks. Risks that we as parents and carers cannot ignore.

So I'm going to walk you through: what Roblox is, the risks we're hearing about (and yes, parents are panicking for good reason), what you can do **before, during, and after** your child plays — and how to build digital resilience, self-esteem and healthy screen habits.

Ready? Let's go. →

1. Before They Play — Set It Up Right

Do this

- **Create a parent account and link it:** You (or the older sibling/carer) should have a Roblox account and link it to your child's. This gives you access to parental controls, even monitoring features
- **Use the correct birthdate:** It matters. Roblox uses the child's birthdate to decide which filters and features apply. If it's wrong, then your child could be exposed to features meant for older players.
- **Strong password & two-step verification:** Make sure the account is well protected so your child's account isn't hijacked, and so they can't easily override parental settings.
- **Privacy / chat / friend settings:** Go into the settings and decide who can message, who can chat, who can invite your child. Especially under age 13, you want tighter controls.
- **Spending limits:** Roblox has in-game currency (Robux) and subscriptions. Make sure you set monthly spending limits, get notifications of purchases, and ensure your child always comes to you before spending.
- **Explore the platform together:** Don't just set the controls and walk away — open up Roblox on your own device, try a few games, see how chat works, see what your child sees. This gives you context, helps conversations.
- Once the account is set up, there are built-in features you need to engage with:
 - **Content restrictions:** Under Settings → Parental Controls → Content Restrictions, you'll see a slider or setting that helps limit which games or experiences your child can access.
 - **Chat filtering:** Roblox applies chat filters (especially for younger players) that limit certain language, block personal info etc. But filters are *not perfect*.
 - **Parent Dashboard / insights:** This tool lets you see your child's activity, manage permissions, screen time, friend list, etc without grabbing their device every minute.
 - **Blocking & reporting:** Teach your child (and monitor) how to block players, report inappropriate behaviour. If someone is making your child uncomfortable, they need to know how to act.

Why it matters

Roblox's filters only work properly if the age and settings are correct. These steps reduce exposure to strangers, scams and overspending.

2. Play Together & Stay Curious

Do this

- Explore a few games together — ask your child to show you around.
- Ask open questions:
“What do you like most about this game?”
“Who do you play with?”
“Has anyone ever made you feel uncomfortable?”

Know the Risks Your Child Will Face

We need to keep it real. Even with good settings, your child still faces risks. I'll give you the two sides: one side is “what you *hope for” (safe fun) and the other side is “what can happen” (risks) so you're aware, not scared.

What you hope for: Your child logs in, explores, creates something, chats with friends, builds their game-design skills, uses their imagination, has a break from school or social pressures. Great for creativity, for digital literacy, for having fun with peers.

What can happen:

- Inappropriate or mature content slipping through filters: Because Roblox is so open and has so many creators, new content appears all the time. Some of it may be beyond your child's age or maturity.
- Strangers, grooming, coercion: An adult posing as a peer, someone trying to get personal info, someone trying to sextort. This is real.
- Cyber-bullying, harassment, “griefing”: Maybe a friend at school logs in anonymously and starts trolling. Maybe your child is targeted by other players. This happens.
- Scams & overspending: Fake giveaways, impersonation, phishing links, spending lots of Robux without understanding. Your child might click a link and give away account info.

So the key is: full transparency + ongoing conversations + oversight. Because you cannot rely on the platform alone.

Why it matters

Curiosity keeps communication open. You learn what your child enjoys and spot early red flags — without becoming “the online police.”

3. Watch for Red Flags

Look out for

- Sudden secrecy about chats or new “friends.”
- Requests to join **private servers**.
- Promises of **free Robux** or giveaways.
- Mood changes or withdrawal after gaming.

Why it matters

These can signal grooming, scams or exposure to inappropriate content. Stay calm, talk, and if something feels wrong, step in early.

4. Build Digital Resilience

Do this

- Teach “Pause → Think → Check” before sharing info or links.
- Help them practise saying **“No”** – to chat invites, DMs or pressure.
- Keep gaming devices in shared family spaces.
- Praise honesty when they tell you about mistakes or worries.

Empower Your Child with Digital Literacy

Because at the end of the day, the best protection is a child who understands why things matter and what to do when something goes wrong.

- Teach them about scams: If someone says “free Robux if you click this link”, talk to them about why that’s a red flag.
- Encourage them to pause & think before sharing: “Is this link safe? Who sent me this?” “Is this person really a friend I know in real life?”

- Teach them they always have the right to say “no” – to stop playing, to block someone, to come to you. This helps build resilience, self-esteem, and agency – all things you care about deeply.
- Let them try it, fail, ask questions: It’s normal for kids to make mistakes online. What matters is how we recover, how we learn.
- Keep conversations ongoing: Digital literacy isn’t a one-time talk. As your child moves through ages, their risks change – keep talking.

5. Monitor & Stay Involved

Here’s where your role as parent / carer really matters. You’re not just the “controller of switches”; you’re the guide, the listener, the coach.

- Play together (or at least watch) sometimes: Sit with your child while they are on Roblox. Ask them about what game they’re playing, who they’re playing with. This opens up real conversation (“What do you like about that game?” “Who invited you?” “What happens if you lose?”)
- Keep devices in shared spaces: Having a game console or laptop in the living room or kitchen rather than a closed bedroom makes it easier to supervise casually. [Today's Parent](#)
- Ask open-ended questions: “Who are you chatting with today?” “What did you build?” “Was anything weird or uncomfortable?” These kinds of questions help your child feel safe to come to you if something is off.
- Check friend lists, activity logs: The dashboard gives you insight. This doesn’t mean “spy” but “gently glance and talk.”
- Agree screen time/usage rules: A game like Roblox can become very absorbing. Talk about when game time ends, when real-world time resumes, how we balance screens & being outdoors (which you love, Anna!).

Why it matters

Real safety comes from confidence and communication, not filters alone.
Resilient kids handle risk, learn from slips and know when to come to you.

6. When to Get Help

If your child experiences something worrying:

- Use **Report / Block** inside Roblox.
- For grooming, sexual content or serious harm → report to **CEOP** or the **Internet Watch Foundation**.
- Visit [roblox.com/parents](https://www.roblox.com/parents) or [InternetMatters.org](https://www.InternetMatters.org) for walkthroughs.

Final Thought

Roblox can be brilliant for creativity and connection – if parents stay engaged.

You can't check 40 million games, but you can guide, talk and model healthy habits.

Presence over panic. Curiosity over control. Connection over fear. Roblox is *complex*. On one hand, it's creative, social, and exciting. On the other hand, it's a platform with real risks – scams, predatory behaviours, data privacy concerns, screen-time issues. But you know what? That's okay. It's not about banning the platform. It's about how you walk into it with your child.

You're doing the right thing by being here, by educating yourself, by staying curious. The best path forward is this: **presence over panic**. Stay present. Talk with your child. Use the tools. Build their resilience. Set the boundaries. And always, always let them know you have their back.

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